Game-Styles

- Counter-Puncher
- Aggressive Baseliner
- Net Rusher
- All Court Player
- What Game-Style are you?
- What Game Style is your opponent?



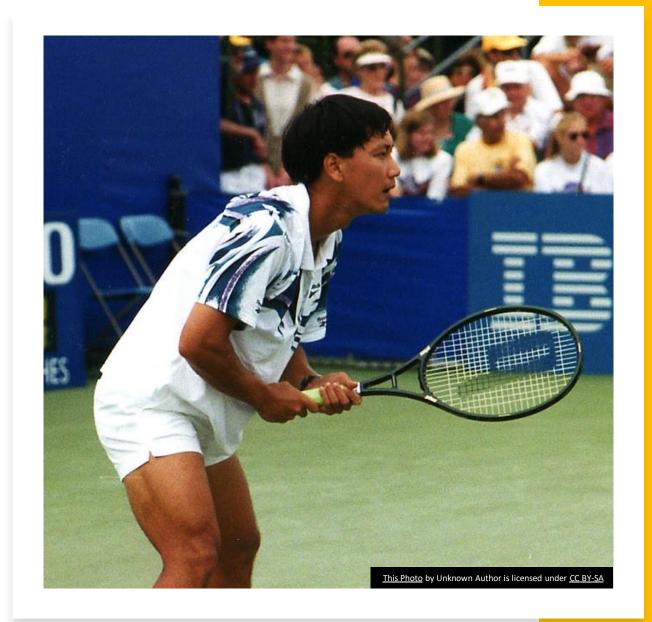


The Counter-Puncher

tennis connected beth wilson

Characteristics of a Counter-Puncher

- Consistent (from the baseline)
- Physically Fit
- Great competitors
- Play great defense
- Great Neutralizing Skills
- Can absorb power well and change pace
- Possess great patience



Ways to Beat a Counter-Puncher

- Be Patient
- Look for opportunities to bring them in (they are usually not strong at net)
- Use angles to move them further away from the middle
- You must find ways to finish at the net (create opportunities to use your swing volleys or stick volleys to take their time away)
- Mix up the pace
- Give them no pace



What We can Learn from Counter-Punchers

- Resilience/Toughness
- Defensive Skills
- Neutralizing Skills
- Relentless Competitiveness
- Don't Give Away Free Points

